

Project EELYS P2022-00294

Energy-efficient schemes for integrative lighting

Niko Gentile, Lund University
niko.gentile@ebd.lth.se



IEA EBC Annex 70

IEA SHC Task 70 / EBC Annex 90

Low Carbon, High Comfort Integrated Lighting

Task Manager: J. de Boer, Germany

Project duration: 1/2023-6/2026

Joint Work

Subtask A

*Luo Tao, China
J. de Boer, Germany
(V. Ferreira, Spain)*

Low Carbon Lighting and
Passive Solar: Scenarios,
Strategies, Roadmaps

Subtask B

*B. Matusiak, Norway
M. Sarey Khanie, UK, DK*

Visual and Non-Visual User
Requirements

Subtask C

*D. Geisler-Moroder, Austria
Eleanor Lee, USA*

Digitized lighting solutions
(Technology & Design Tools
/ Process)

Subtask D

*Niko Gentile, Sweden
Natalia Giraldo Vasquez,
DK*

Application and Case
Studies

Joint Work



IEA EBC Annex 70



<https://task70.iea-shc.org/>



About our roles

09.2022 – 12.2025



**Marziyeh
Taghizadeh**

PhD Student



Marie-Claude Dubois

Main Supervisor



Pimkamol Mattsson

Co-supervisor



Niko Gentile

IEA EBC Annex 90

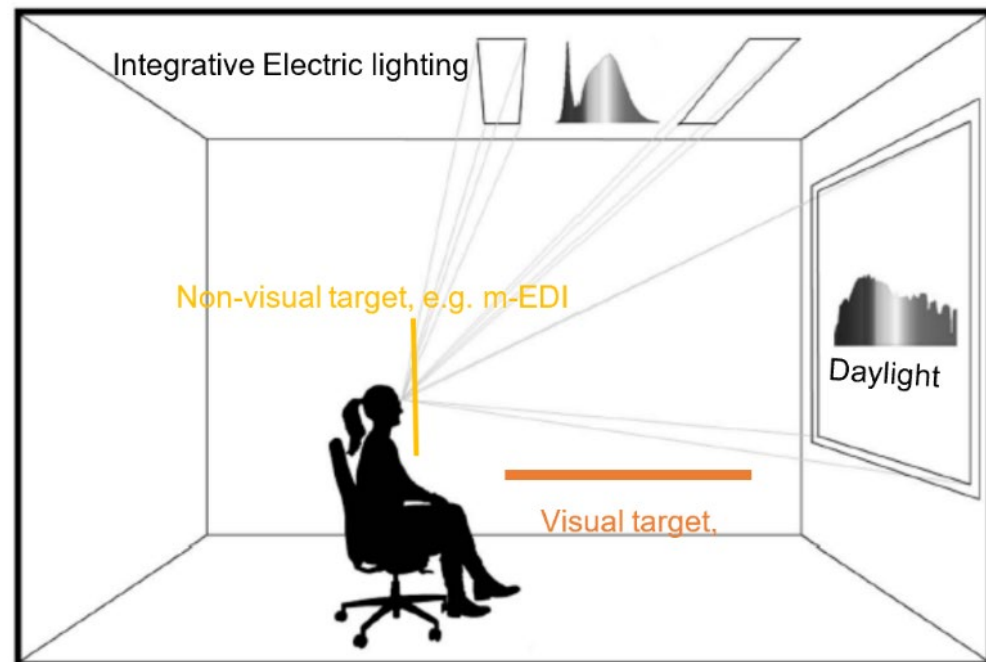
Co-supervisor



The problem

Visual “vs” non-visual requirements

	Visual target	Non-visual target
Metric	Minimum horizontal illuminance (E_h) on the task area	Melanopic equivalent daylight illuminance (m-EDI) on the vertical plane at eye level during daytime (6:00 – 19:00)
Benchmark(s)	$E_h = 500$ lx	m-EDI ≥ 250 lx



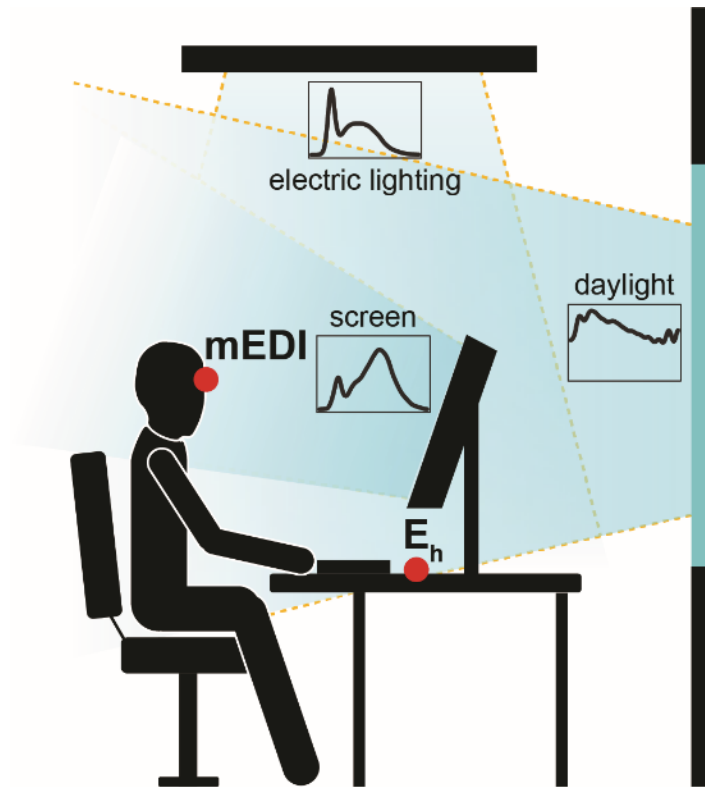
Picture adapted from Martine Knoop, Kai Broszio, Aicha Diakite, Carolin Liedtke, Mathias Niedling, Inga Rother, Frederic Rudawski & Nils Weber (2019) Methods to Describe and Measure Lighting Conditions in Experiments on Non-Image-Forming Aspects, LEUKOS, 15:2-3, 163-179, DOI: 10.1080/15502724.2018.1518716



What happens in practice?

Threefold energy rebound

Three times higher horizontal illuminance to guarantee right vertical melanopic illuminance



- Electric integrative lighting is not integrated with daylight
- Low luminous efficacies and more delivered lumens -> risk for energy rebound

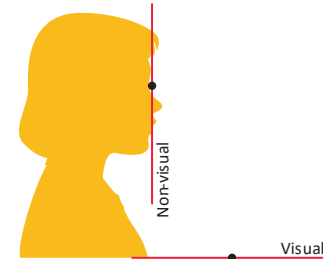
<https://task61.iea-shc.org/case-studies>
<https://doi.org/10.1016/j.enbuild.2022.112191>



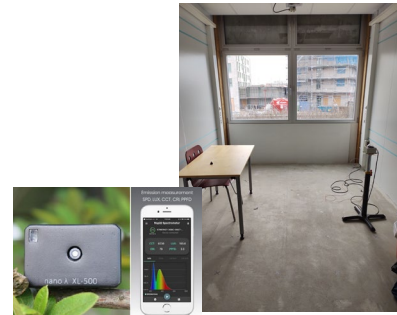
Overall research question

How can lighting schemes guarantee visual and non-visual requirements minimizing energy rebound?

WP1 Literature review



WP2-3 Lab study

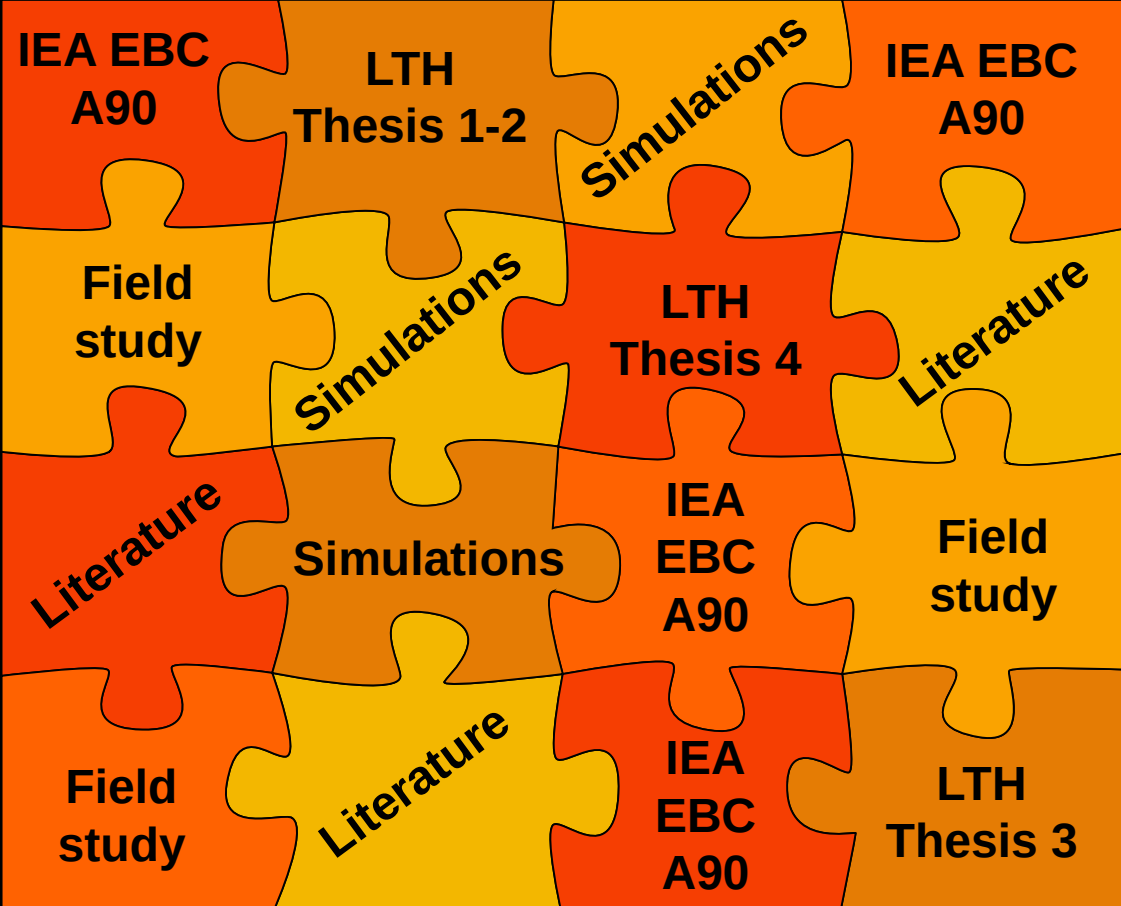


WP4 IEA EBC Annex 90



<https://task70.iea-shc.org/>





Literature review

Lighting schemes impacting energy

Focus on the energy aspects of integrative lighting



Mg{'30

lighting OR daylighting

AND

Mg{'40

integrative OR "human centric" OR circadian

AND

Mg{'50

energy

OR

Non-visual OR "non-image forming"

OR

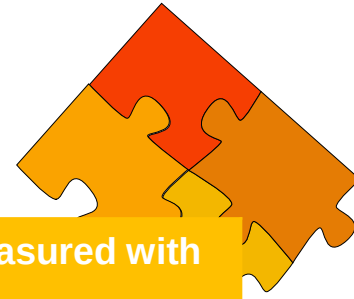
"m-EDI" OR "EML" OR "Cs" OR "M/P"

- 489 relevant hits in the engineering field (over 2 000 excluding "energy")
- 80 articles left after title and 36 abstract screening
- **23** full text articles included



Literature review

Factors affecting E_h and mEDI

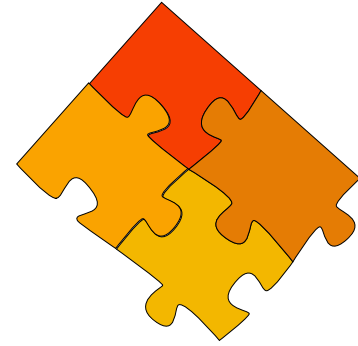


Aspect	Description	Affected by (examples)	Measured with (examples)
Light quantity	The amount of light that falls on a surface	Number of luminaires Luminaire intensity Luminaire dimming capability window size shading devices	E_h E_v DF
Light spectrum	Spectral power distribution that governs colour quality	Natural sunlight window glazing and shading properties Luminaire CCT and SPD surface colours and materials	SPD CCT CRI Ra
Spatial pattern	The luminance distribution within the three-dimensional light field	Luminaire placement Luminaire photometry Surface reflectance Furniture placement and reflectance Window placement and orientation	E_h/E_v CBDM M/P Beam angle Cylindrical illuminance MICI Uniformity ratio
Temporal pattern	The timing and duration of light exposure	Sunlight dynamic (day-night cycle) seasonal variation Dynamic lighting adjustment Lighting schedules and routines	Light exposure duration



Literature review

Light quantity

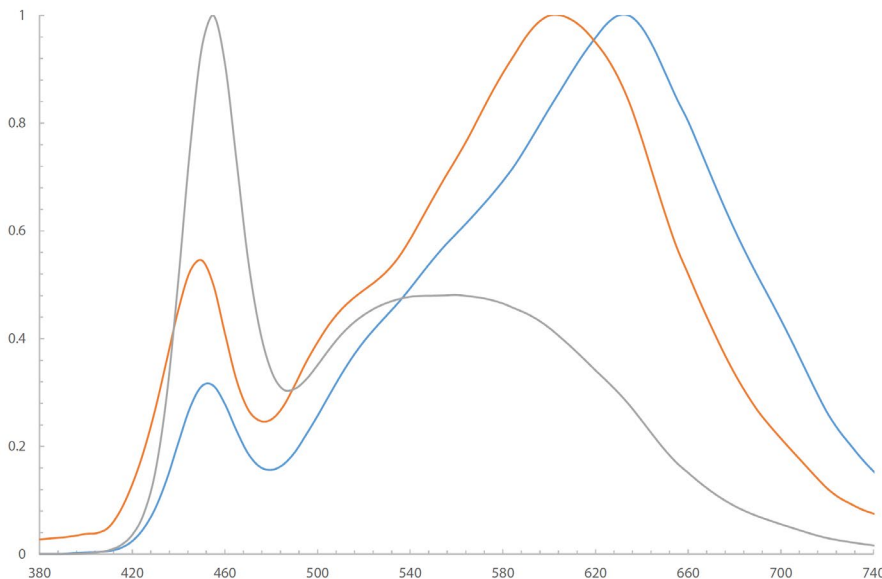


- 3-times energy use if daylight not included, 5% more if daylight included
- LPD +64% with conventional tubular LED to reach both requirements
- Combine overhead lighting with task lighting or similar



Literature review

Light spectrum

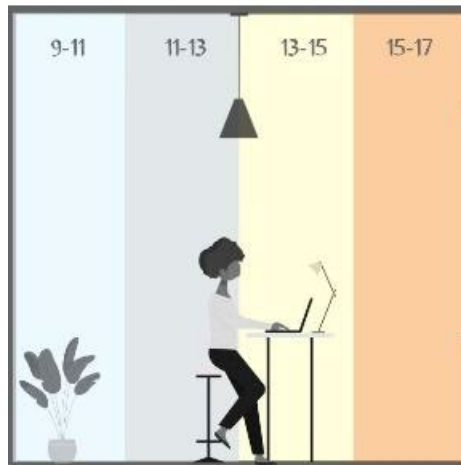
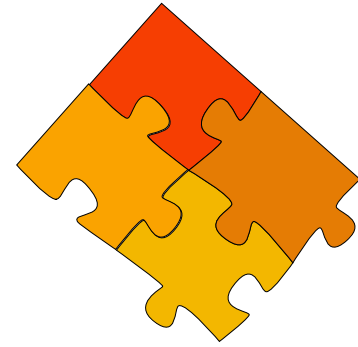


- 20% energy saving using 5500K lighting compared to 4000K, i.e. like having 17% higher WWR, but...
- A 3000K LED must deliver 40% more illuminance than a 6500K LED for the same mEDI, but...
- ...wall reflectance can be also used to increase mEDI



Literature review

Spatial and temporal patterns



- Redirecting downlight flux to upright towards highly reflective ceiling increases radiation at eye by 3.6 times
- Restricting high-intensity lighting to just four hours per day: 50% energy savings



Study 1: looking at daylight

Densely built space in Brunnshög, Lund

When daylight $E_h \geq 300 \text{ lx}$, then $mEDI \geq 250 \text{ lx}$



As others have said... “*Indoor light exposure in February in Stockholm can be maintained over 1000 lx only with daylight for most of the working day*” Favero, F., Lowden, A., Bresin, R., & Ejhed, J. (2023). Study of the Effects of Daylighting and Artificial Lighting at 59° Latitude on Mental States, Behaviour and Perception. *Sustainability*, 15(2), 1144.



Lesson learned

- In most of cases, daylight suffices for non-visual requirement

Caroline Süess. People-centred urban transformations with focus on the circadian potential of daylight in dense urban environments, MSc Thesis in Energy Efficient and Environmental Building Design, LTH, Lund University Sweden



Study 2: electric lighting

Pilot study on electric lighting distribution

Same daylighting, check perceived qualities of lighting



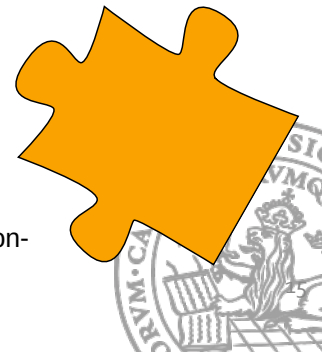
Pendants 4000K
Direct-indirect



Spotlights 4000K
Direct

Lessons learned

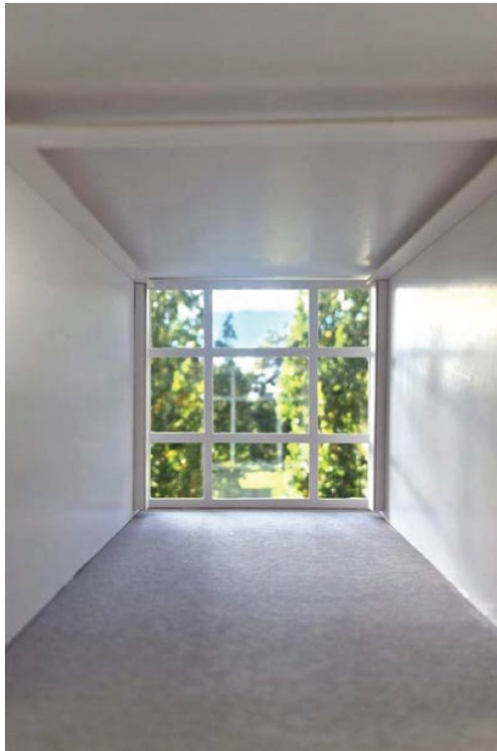
- Light distribution is a key-determinant (Eh/Ev)
- Circadian lighting simulations are reliable for el lighting



Upcoming study: daylight again

Daylight in a single-occupant office laboratory

Goal: checking users' response and visual/non-visual targets under different daylight scenarios



- Ev proxy for glare
 - Daylight covers non-visual requirements for large part of the year
- but...*
- Daylight bottleneck in circadian lighting simulations

Future objective

Once the “acceptable” daylighting scenarios are defined, we can simulate *n* electric lighting schemes to cover missing “time steps”



Upcoming study: daylight, again

Daylight in a single-occupant office laboratory

01. Independent Variables (IV):

➤ Window size

30 % WWR

60 % WWR

➤ Surface reflectance

Wall: 0.5 - 0.8

Floor: 0.2 - 0.4

Mean surface reflectance

02. Dependent Variables (DV):

➤ Horizontal illuminance

➤ Vertical illuminance

➤ Mean Indirect Cubic Illuminance (MICI)

➤ User perception

03. covariates

➤ Climate condition

➤ Venetian blinder characteristics

➤ Gender & age

➤ Order of exposure

➤ Time & date

➤ Temperature

➤ Light spectrum

04. Confounding Variables

➤ Mood

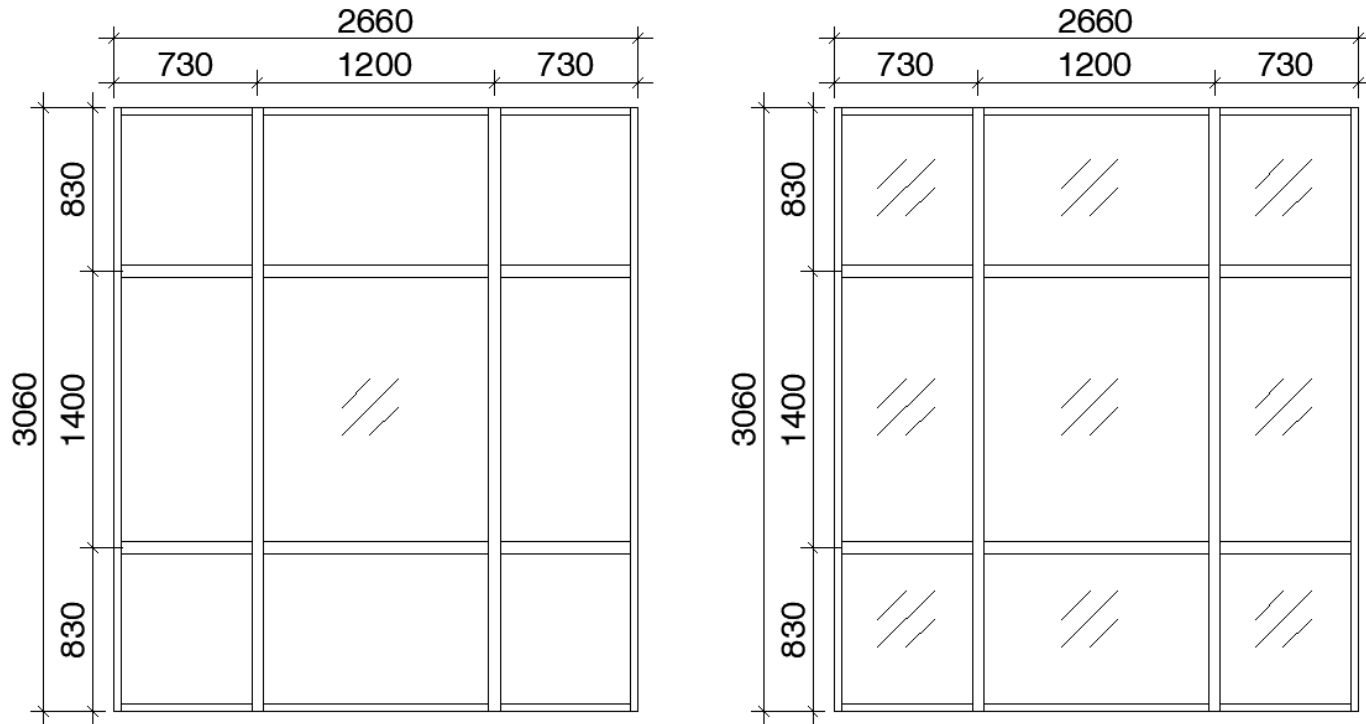
➤ Individual differences



Upcoming study: daylight, again

Daylight in a single-occupant office laboratory

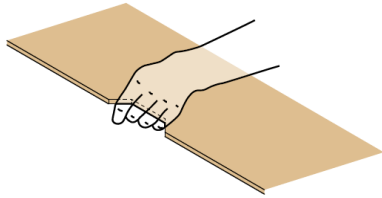
WWR can be changed in minutes



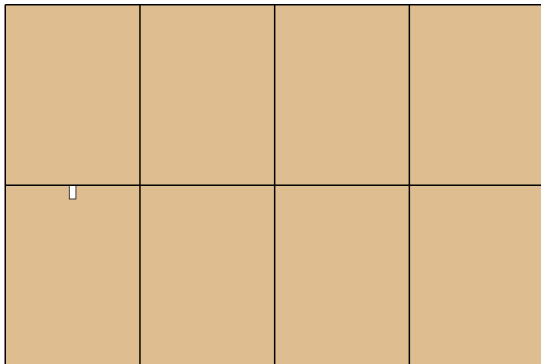
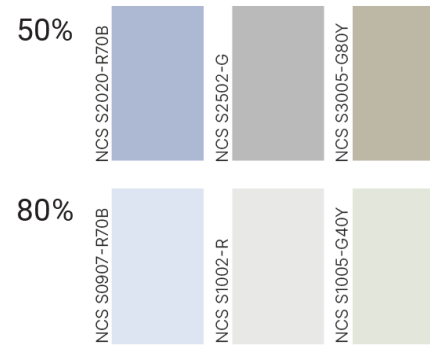
Upcoming study: daylight, again

Daylight in a single-occupant office laboratory

Wall reflectance can be changed in minutes



Easy to grip and carry

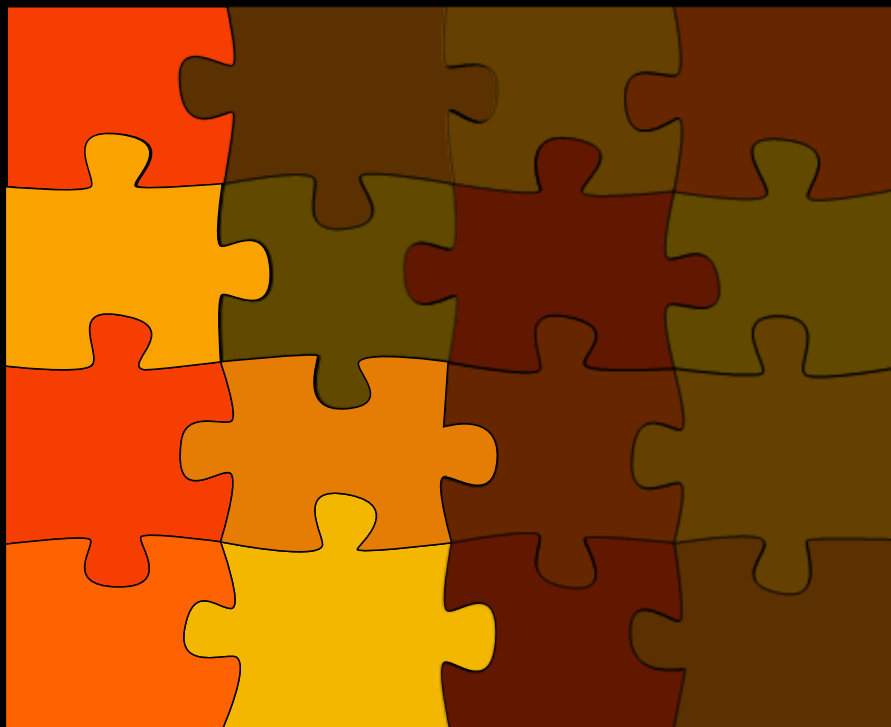


Sunny Day



Cloudy Day





Implication for practice

Still ongoing, but expected implications for practice

- **Legislation > mainly daylight**

Circadian requirements to be reached by daylight mainly

- **Innovation > mainly electric lighting**

A shift on how light fixtures (optics) are designed and installed

